

What Services Are Available?

PRIMARY CARE CHILDREN'S SERVICES

Primary Care Childrens Services include: Speech & Language Therapy, Occupational Therapy, Physiotherapy, and Psychology. These disciplines work closely with other core Primary Care Services such as Dietetics, Community Medical Doctors & Public Health Nurses. These services are for children and young people with *non-complex needs*.

CHILDREN'S DISABILITY NETWORK TEAM (CDNT)

The Children's Disability Network Team (CDNT) supports children and young people with complex needs. This service is for children who require the supports of an interdisciplinary team. CDNTs operate in defined geographical areas.

Children are assigned to the team that is local to their home address. The CDNT is an interdisciplinary team who work collaboratively with the child and family to identify the needs and priorities of the child and family, plan goals and develop an IFSP.

Individual Family Service Plan (IFSP)

This is a written plan that focuses on the strengths and needs of the child and family, incorporating their priorities and concerns. The family and the CDNT agree their goals and devise a plan to work towards these.

CHILD AND ADOLESCENT MENTAL HEALTH SERVICES (CAMHS)

CAMHS is a service that provides specialist mental health assessment and treatment to children and young people (up to age 18 years) who are experiencing moderate or severe mental health difficulties.

What Service Should I Refer To?

The **HSE National Policy on Access to Services for Children and Young People with Disability and Developmental Delay 2016** states that children should be seen by the service nearest their home which best meets their needs.

- *Children with non-complex needs should be referred to Primary Care Childrens Services.*
- *Children with complex needs should be referred to the Children's Disability Network Team (CDNT).*
- *Children with moderate or severe mental health difficulties should be referred to CAMHS.*

Services are working together to ensure each child accesses the service that is most appropriate to meet his/her needs.

If it is not clear as to where the child's needs would be best met, the **North Cork Integrated Children's Services Forum (ICSF)** will make the final decision to ensure the child is assigned to the most appropriate service at that time.

What are Non-Complex and Complex Needs?

Non-complex needs refer to one or more impairments giving rise to functional difficulties which result in mild restrictions in participation in normal daily living.

It may also refer to children with moderate functional difficulties which are likely to be helped by uni-disciplinary or multidisciplinary Primary Care Service supports.

Complex Needs refers to one or more impairments which contribute to a range of significant functional difficulties that require the services and support of an interdisciplinary disability team.

Complex needs will result in a child having moderate or severe difficulty participating in normal daily living appropriate for his/her age.

How Do I Make a Referral?

PRIMARY CARE CHILDRENS SERVICES CHILDREN'S DISABILITY NETWORK TEAM (CDNT)

Complete the:

1. **Children's Services Referral Form**
2. **Age Appropriate Additional Information Form**

Referrals to **Primary Care Children's Services** for children with **non-complex needs** should be sent to:

Administration,
Primary Care Childrens Services North Cork,
Floor 2,
Block 8,
St Finbarr's Hospital,
Douglas Rd,
Cork, T12 XH60.

Email: CKCHPC.ChildrensServices@hse.ie

Referral to the **CDNT** for children **with complex needs** must be sent to:

Northwest Cork CDNT,
(Charleville/Buttevant/Kanturk/Mallow/
Millstreet/Newmarket),
St. Joseph's Foundation,
Baker's Road,
Charleville,
Co. Cork.
P56 KD26

Tel: 063 89252

Northeast Cork CDNT,
(Castlelyons/Fermoy/Mitchelstown),
St. Joseph's Foundation,
Baker's Road,
Charleville,
Co. Cork.
P56 KD26

Tel: 063 89252

CHILD AND ADOLESCENT MENTAL HEALTH SERVICES (CAMHS)

Referral to CAMHS is made directly by the child's GP, Consultant or Senior Therapist. It is not necessary to complete the Children's Services Referral Form.

Referrals to **CAMHS** must be sent to:

North Cork Community Health Team,
CAMHS,
Floor 2,
Mallow Primary Health Centre,
Mallow,
Co. Cork

Tel: 022 44970

Consent

It is required by law that at least one of the child's legal guardians consents to the referral and signs the referral form.

It is advisable that both parents/legal guardians are aware of this referral. The definition of a legal guardian is outlined on the referral forms.



INFORMATION LEAFLET

How to Access Services for Children and Young People with Disability & Developmental Delay in North Cork