

CYCLE WALK RUN

CYCLE DISTANCE 90 km.

ROUTE: St. Joseph's Foundation, Baker's Road, Charleville – Kilmallock – Knocklong – Emly – Tipperary Town – Garryspillane – Knocklong – Kilmallock – finishing at Baker's Road, Charleville.

CYCLE DISTANCE 27 km. (Short Course)

ROUTE: St. Joseph's Foundation, Baker's Road, Charleville – Kilmallock – Bruree – Garrouse – Kilmallock Road – finishing at Baker's Road, Charleville.

Entry €25, U16's and OAP's Free.

WALK & RUN DISTANCE 10 km.

ROUTE: St. Joseph's Foundation, Baker's Road, – behind Campus Filling Station – past Cooleen's Children's Respite House – completing the loop left, to rejoin the same road (behind filling station) – finishing at Baker's Road, Charleville.

WALK & RUN DISTANCE 4 km. (Short Course)

ROUTE: St. Joseph's Foundation, Baker's Road, – Railway Station and return to St. Joseph's Foundation.

Entry €10, U 16's and OAP's Free.

REGISTRATION:

- at Main Reception at St. Joseph's Foundation, Baker's Road 9 am to 4.30 p.m. Monday to Friday up to September 22nd 2017.
- on the day up to 15 minutes prior to event start time.
- on line at www.stjosephsfoundation.ie up to 4.30p.m. Thursday, 21st September 2017.

Promoter's Name: _____ Card Number: _____

All Raffle Cards to be returned to Maura Twomey, St. Joseph's Foundation, before 4 p.m. on Friday, 6th October, 2017.

Draw will take place on Monday, 9th October, 2017 at 12 noon. in St. Joseph's Foundation, Charleville.

LINES €2 EACH

Permission granted by Garda Siochana

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DETAILS OVERLEAF

SUNDAY, 24th SEPTEMBER, 2017

St. **J**oseph's

Foundation
undraiser



RAFFLE



1st Prize: €500

Sponsored by John O' Neill Oil Charleville

2nd Prize: Adult Hybrid Bike

Sponsored by Paul Gammell of Kilmallock Cycles
www.kilmallockcycles.com Tel: 086-1654988

3rd Prize: €200

Sponsored by Abbington Hygiene Supplies